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www.connectionsslp.ca

PlayGreat @ Connections SLP

PlayGreat is our very own, very unique program for families of children in grades 1-6 who are ready to learn and talk about making and keeping friends. We focus on providing parents with a strong understanding of the skills needed to form meaningful two-way friendships and coaching families to support their children in fun, everyday interactions with peers.

Through our focused parent-coaching approach, we help parents/caregivers learn to use their children's strengths and interests to create and coach successful playdates and get-togethers with peers. This program uses a combination of evening group sessions for parents/caregivers and individual parent-child sessions scheduled at a time convenient for your family.

This program may stand on its own or complement other child-only, clinic-based, social groups offered elsewhere by helping families to apply skills learned in a clinical setting to interactions with peers at home.



Parent group sessions utilize larger group discussion and break-out rooms in which families are matched by children's age. These sessions focus on:

- learning to have positive coaching conversations with your child
- supporting the development of social self-regulation
- understanding the building blocks of friendship
- learning to help children find friends
- learning how to offer just the right level of support for your child as we work toward your chosen friendship goal or focus



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Individual parent-child sessions focus on supporting each parent-child team before, during and after in person or virtual get-togethers with peers. For children who do not yet have a peer to hang out with, our clinicians will work flexibly with you to help you build foundational friendship skills and/or to seek out sources of good-fit friends. Live, virtual individual coaching sessions use a combination of formats to best meet your family's needs.



This program includes:

- 16 hours of parent-only group evening sessions
- 5 hours of individual coaching and consultation sessions

Cost information:

- The program is typically offered in a large group format (up to 9 families). Group sessions are billed at \$115/hour and individual sessions at \$185/hour. The total cost for 16 hours of group sessions and 5 hours of individual sessions is \$2765.
- All sessions are led by registered speech-language pathologists and may be covered by extended health care plans. Families may also choose to use OAP funding for this program.
- Group start date is confirmed upon enrolment of a minimum of 5 families. On occasion, we may offer a small group option for 2-4 families at a cost of \$150/hour for group sessions and \$185 per hour for individual sessions.