Collaborative Problem Solving®
CPS Parent Class
Help for adults raising kids with challenging behaviors

Facilitated by:

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Think:Kids
Collaborative Problem Solving®
TRAINER
2020-2021
www.thinkkids.org

Date and Time:

8 sessions
Tuesdays and Thursdays
6:00pm to 7:30pm ET
Beginning July 13th and
completing August 5th, 2021

Location: Online via Zoom

Fee: $400.00
No refunds

To **Register** please email
marlac9692@gmail.com

- **Learn the Collaborative Problem Solving® approach & effective ways to reduce conflict**
- **Build skills & confidence in using the CPS approach**
- **Network & share information about community resources**
- **Develop new understanding of challenging behavior & learn new ways to help your child**
- **Rethink conventional approaches to behavioral difficulties and strengthen relationships**
- **Gain support from other parents**

For more information about the Collaborative Problem Solving Approach watch this video of Dr. Stuart Ablon, Director of Think:kids describing the model.

The CPS Approach

The Collaborative Problem Solving® approach is an evidence-based method to managing challenging behavior that promotes the understanding that **challenging kids lack the skill - not the will - to behave**; specifically, skills related to problem-solving, flexibility and frustration tolerance.

Unlike traditional models of discipline, the CPS approach avoids the use of power, control and motivational procedures and instead focuses on collaborating with the child/ youth/ young adult to solve the problems leading to challenging behavior and building the skills they need to succeed.